



2015

# RACE REGISTRATION

A 5K Run/Walk Through Our Paved Trail System

Brought to you by the Crowfield Plantation Community Services Association (CPCSA)

**Saturday • October 10, 2015 • 8:30 am**

**Middleton Park, Crowfield Plantation**

**101 Hunters Lane, Goose Creek**

### Race Course:

This USA TF certified 5K begins at Middleton Park, continues down Crowfield's paved trail system, ending back at Middleton Park.

### Registration:

Received on or before **October 5, 2015**

Individuals: \$25

Students grade 12 and under: \$10

Team registration (5 or more): \$20 per person

All registrations received after Oct. 5, 2015 are \$30

### T-shirts:

T-shirts will be available while supplies for registrations received after **Sept. 26** If no size is marked on your registration form you will be given a large shirt.

### Race Day Schedule:

*(Check website or Facebook for Friday packet pick-up times)*

7:00 am Packet pick-up begins

7:00 am Late registration

8:30 am 5K Run/Walk

9:30 am Awards ceremony

### Awards:

**Awards** for the **top three overall M/F** winners.

Age group awards will be given to the top three

M/F winners in each division: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-64, 65+

### Strollers and Dogs:

Due to the design of the course, strollers and leashed dogs will only be permitted with walkers.

All proceeds from this race will benefit the **Callen-Lacey Center for Children.**

For more information, please visit [www.crowfield5k.com](http://www.crowfield5k.com) and

follow us on Facebook at [www.facebook.com/CrowfieldPlantation5k](http://www.facebook.com/CrowfieldPlantation5k).

### Register Today.

Please print clearly

Return With Check to: 101 Hunters Ln, Goose Creek, SC 29445

Make check payable to: Crowfield Plantation Community Services Association (CPCSA)

First Name: \_\_\_\_\_ Initial \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Circle One: Female Male Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Team Name: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please provide your email to receive important race updates.

### T-Shirt Size:

Small  Medium  Large  XL

On or before October 5, 2015 (all late registrations are \$30 )

Individual: \$25  Student: \$10  Team Registration: \$20   
(grade 12 and under) (five or more members)

### Liability Waiver and Release:

In consideration for the acceptance of entry, I for myself, my heirs, and assigns, hereby release the sponsors, race workers, and officials for this race from any and all liability arising from illness, injuries, and damages I may suffer as a result of participation in such event. I attest that I am physically fit and sufficiently trained for this event, and am aware that participation in this event could, in some circumstances, result in severe physical soreness or injury. I also give permission for free use of my name and picture in any broadcast, telecast or written account of this event. I understand that the entry fee I pay is NON-REFUNDABLE. Should road race officials determine that completion of this event would be injurious to my health, I consent to be removed from the course and treated by the physician in attendance or of their discretion. Should the race be canceled for any reason, T-shirts will be mailed to all entrants in lieu of a refund.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian if under 18

All proceeds from this race will benefit the Callen-Lacey Center for Children.

Due to scheduling and permitting, the race will be held rain or shine! No refunds or exceptions.